



Week 4 – Jesus, Reset My Hands

1. Would you say that you are more likely to 'sit and wait' or to 'go and do'? What upside(s) and downside(s) to your approach have you discovered firsthand?
2. Scripture embraces both the 'sit and wait' and the 'go and do' mindsets, look up several scriptures in both lists. Then share about why the Bible states that both mindsets are important.

Sit & Wait

Proverbs 3:5-6
Exodus 14:14
Habakkuk 2:20
Lamentations 3:25
James 5:7-8
Micah 7:7

Go & Do

Matthew 28:19
Acts 1:8
Romans 10:13-15
James 2:17
Galatians 6:2
Luke 10:33-37

3. Galatians 5:13-14 (NLT) says, *"For you have been called to live in freedom, my brothers and sisters. But don't use your freedom to satisfy your sinful nature. Instead, use your freedom to serve one another in love. ¹⁴For the whole law can be summed up in this one command: "Love your neighbor as yourself."* What does this verse say about Jesus resetting our hands, our actions, our work?
4. Isaiah 40:31 (NLT) says, *"But those who trust in the LORD will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint."* Why is the truth in this verse important to apply as we use our hands, act and work for Jesus?
5. Which area do you most need to take a step forward in: Spending time with God personally to be spiritually empowered and refreshed OR Stepping out in faith to apply what you know, as God has called you to?

Prayer: Pray for each other based on your answers to question #5.