



I Love Sundays – Part 1

Icebreaker: What were Sundays like for you and your family growing up? (Or what was a highlight from this week's sermon that you'd like to share?)

Discuss:

1. What do you think of when you hear the word "church"?
2. Romans 12:5 says, *"so in Christ we who are many form one body, and each member belongs to all the others."* 1 Corinthians 12:27 states, *"Now you are the body of Christ, and each one of you is a part of it."* What do you think it means for a church to function as a body?
3. Read Hebrews 10:24-25. How have you experienced the truth found in these verses? How are you challenged by these verses?
4. Church growth researcher, Win Arn found, in a study, that 'satisfied church-goers' shared six common characteristics:
 1. They attend church regularly.
 2. They volunteer to serve somewhere at church.
 3. They develop friendships at church.
 4. They call it "my church"
 5. They give consistently.
 6. They invite others to church.

Which of these do you think God might want you to improve in? How might your joy or satisfaction in life increase, if you take that step?

5. Read Isaiah 58:13-14. How do you think your attitude or mindset about Sunday worship services impacts your life?

Pray:

Share one request based on questions #4 or #5. Take turns praying for each other, based on your answers. Sample prayer:

"Dear Lord, thank you for creating the church. I lift up (person's name) 's request of _____ . In Jesus' name, Amen.